

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

San Juan County

What is your age?

n = 208

18 - 34	9.4%	(± 4.8%)
35 - 54	42.1	(± 9.4)
55 - 74	32.7	(± 7.6)
75+	15.7	(± 5.8)

Gender

n = 208

Male	52.7%	(± 8.8%)
Female	47.3	(± 8.8)

Which one of these groups would you say best represents your race...

n = 202

White	98.0%	(± 2.0%)
Black or African American	0.5	(± 0.9)
Asian	1.2	(± 1.7)
Native Hawaiian or Other Pacific Islander	0.0	(± 0.0)
American Indian, Alaska Native	0.3	(± 0.6)
Other race	0.0	(± 0.0)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 206

Yes	1.2%	(± 1.4%)
No	98.8	(± 1.4)

Marital status

n = 208

Married	64.5%	(± 7.7%)
Divorced	14.1	(± 4.6)
Widowed	7.5	(± 3.2)
Separated	1.9	(± 2.2)
Never been married	8.6	(± 4.4)
Or a member of an unmarried couple	3.4	(± 2.3)

How many children less than 18 years of age live in your household?

n = 208

None	69.7%	(± 10.0%)
1	7.8	(± 4.1)
2	13.6	(± 5.3)
3 or more	9.0	(± 10.4)

What is the highest grade or year of school you completed?

n = 208

Some high school or less	2.3%	(± 2.4%)
High school graduate or GED	16.4	(± 5.8)
Some college or technical school	24.0	(± 6.7)
College graduate or more	57.3	(± 8.6)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 207	
Employed for wages	37.5%	(± 9.7%)
Self-employed	20.5	(± 6.2)
Out of work	2.6	(± 2.2)
Homemaker	4.6	(± 3.0)
Student	2.6	(± 3.1)
Retired	30.0	(± 7.6)
Or unable to work	2.2	(± 2.4)

Annual household income from all sources	n = 185	
Less than \$20,000	7.5%	(± 3.7%)
\$20,000 to less than \$50,000	54.6	(± 9.4)
\$50,000 or more	37.9	(± 8.9)

Have you smoked at least 100 cigarettes in your entire life?	n = 232	
Yes	54.7%	(± 7.7%)
No	45.3	(± 7.7)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 125	
Everyday	14.3%	(± 6.7%)
Some days	6.6	(± 5.3)
Not at all	79.1	(± 8.3)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 27	
Yes	*	*
No	*	*

Current cigarette smoking prevalence:	n = 232	
(every day or some day smokers among the whole population)	11.5%	(± 4.6%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 112	
Yes	23.5%	(± 9.8%)
No	76.5	(± 9.8)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 27	
Less than 30 days	*	*
30 days	*	*

<i>Among those that have smoked in the past 30 days:</i>		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 26	
Average:	*	*

Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 206	
Yes	13.3%	(± 10.5%)
No	86.7	(± 10.5)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 15	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 206	
(any use in past 30 days among the whole population)	0.6%	(± 0.9%)

Do you currently smoke tobacco in a pipe?	n = 206	
Yes	1.0%	(± 1.4%)
No	99.0	(± 1.4)

In the past month, have you smoked a cigar, even just a puff?	n = 206	
Yes	2.4%	(± 2.5%)
No	97.6	(± 2.5)

In the past month, have you smoked bidis?	n = 206	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

In the past month, have you smoked clove cigarettes?	n = 206	
Yes	1.7%	(± 2.4%)
No	98.3	(± 2.4)

Current tobacco use (all types of tobacco)	n = 206	
Current daily tobacco user	14.6%	(± 5.6%)
Current non-tobacco user	85.4	(± 5.6)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 84	
Within the past month (less than 1 month ago)	1.5%	(± 2.9%)
Within the past 3 months (1-3 months ago)	1.1	(± 2.3)
Within the past 6 months (3-6 months ago)	1.0	(± 2.0)
Within the past year (6-12 months ago)	3.3	(± 4.0)
Within the past 5 years (1-5 years ago)	12.1	(± 8.3)
Within the past 15 years (5-15 years ago)	80.1	(± 10.4)
More than 15 years ago	0.9	(± 1.8)
Never used regularly	0.0	(± 0.0)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 75

Average: 16.6 (± 3.2)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 31

Yes *

No *

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 31

Yes *

No *

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 31

Yes *

No *

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 104

Strongly agree 26.2% (± 10.1%)

Somewhat agree 33.6 (± 16.6)

Somewhat disagree 21.6 (± 9.1)

Strongly disagree 18.6 (± 8.0)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 103

Within the past year (1-12 months) 17.7% (± 9.3%)

Within the past three years (1-3 years) 1.9 (± 2.2)

3 or more years ago 27.8 (± 11.0)

They never advised me to quit 52.6 (± 14.1)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 104

Within the past year (1-12 months) 11.7% (± 6.4%)

Within the past three years (1-3 years) 1.5 (± 2.2)

3 or more years ago 17.2 (± 8.4)

They never advised me to quit 69.6 (± 11.0)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?			n = 108
Within the past year (1-12 months)	4.8%	(± 3.8%)	
Within the past three years (1-3 years)	0.6	(± 1.2)	
3 or more years ago	6.6	(± 4.7)	
They never advised me to quit	88.1	(± 6.2)	

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 39
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Yes	*	*
No	*	*

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?			n = 101
0	4.7%	(± 4.0%)	
1-2	71.2	(± 11.3)	
3-5	11.3	(± 6.8)	
6 or more	12.8	(± 8.2)	

About how long has it been since you last visited a DOCTOR for a routine checkup?			n = 202
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Within the past year (1-12 months ago)	69.6%	(± 7.6%)
Within the past two years (1-2 years ago)	13.7	(± 5.3)
Within the past 3 years (2-3 years ago)	3.1	(± 2.6)
Within the past 5 years (3-5 years ago)	4.3	(± 3.1)
5 or more years ago	7.6	(± 4.1)
Never	1.8	(± 1.8)

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .			n = 176
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Your employer	37.3%	(± 11.0%)
Someone else's employer	6.8	(± 4.1)
A plan that you or someone buys on your own	22.0	(± 7.1)
Medicare	30.5	(± 8.1)
Medicaid or Medical Assistance	2.0	(± 2.7)
The military, CHAMPUS, or the VA	1.4	(± 1.9)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?			n = 28
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Yes	*	*
No	*	*

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 27

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 22

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 28

Yes	*	*
No	*	*

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 28

Yes	*	*
No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 13

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 30

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 20

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 13

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Are you currently registered to vote?	n = 204	
Yes	85.9%	(± 10.4%)
No	14.1	(± 10.4)

Which of the following statements best describes the rules about smoking in your home. . .	n = 205	
No one is allowed to smoke anywhere inside your home	86.8%	(± 5.6%)
Smoking is allowed at some places or at some times	7.0	(± 4.5)
Smoking is permitted anywhere inside your home	6.2	(± 3.5)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 205	
No current smokers in household	82.5%	(± 6.4%)
1	14.5	(± 5.9)
2	3.1	(± 2.8)
3 or more	0.0	(± 0.0)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 205	
None	93.0%	(± 3.7%)
Less than 30	2.7	(± 2.1)
30 days	4.3	(± 3.0)

If it were just up to you, would you let people smoke inside your home?	n = 202	
Yes	9.0%	(± 4.3%)
No	91.0	(± 4.3)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 118	
Office	32.9%	(± 15.3%)
Store	9.0	(± 5.7)
Restaurant or Bar	3.4	(± 4.3)
Warehouse or factory	5.2	(± 4.6)
Home/Someone elses home	17.7	(± 7.8)
Outdoors	21.0	(± 8.7)
Car or truck	0.0	(± 0.0)
Classroom	6.0	(± 4.3)
Hospital	3.6	(± 3.4)
Somewhere else	1.2	(± 1.8)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 116	
Yes	6.3%	(± 4.7%)
No	93.7	(± 4.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 115

Yes	3.4%	(± 3.5%)
No	96.6	(± 3.5)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 115

Yes	3.6%	(± 3.7%)
No	96.4	(± 3.7)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 116

None	76.7%	(± 16.3%)
Less than one hour	19.6	(± 16.7)
One hour or more	3.6	(± 3.5)

In general, would you say that breathing secondhand smoke is. . . n = 201

Not at all annoying to you	10.6%	(± 10.6%)
A little bit annoying	10.8	(± 5.4)
Somewhat annoying	22.5	(± 6.7)
Very annoying to you	56.1	(± 9.6)

Would you say that breathing secondhand smoke is. . . n = 196

Not at all harmful	3.1%	(± 2.6%)
A little bit harmful	12.0	(± 10.9)
Somewhat harmful	20.5	(± 6.8)
Very harmful	64.3	(± 10.3)

All people should be protected from secondhand smoke. n = 194

Strongly agree	57.9%	(± 10.0%)
Somewhat agree	15.7	(± 6.0)
Somewhat disagree	12.6	(± 5.2)
Strongly disagree	13.8	(± 11.0)

All children should be protected from secondhand smoke. n = 199

Strongly agree	79.1%	(± 10.5%)
Somewhat agree	10.0	(± 4.7)
Somewhat disagree	3.0	(± 2.4)
Strongly disagree	7.9	(± 10.7)

Do you think that smoking should be completely banned in restaurants? n = 203

Yes	72.6%	(± 10.3%)
No	24.1	(± 10.4)
Don't know/Not sure	3.4	(± 2.7)

Do you think that smoking should be completely banned in bars and lounges?		n = 201
Yes	35.5%	(± 8.1%)
No	54.2	(± 9.0)
Don't know/Not sure	10.3	(± 4.8)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 201
Yes	48.1%	(± 9.1%)
No	44.4	(± 9.6)
Don't know/Not sure	7.5	(± 4.0)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 193
Strongly agree	51.8%	(± 9.4%)
Somewhat agree	25.7	(± 7.4)
Somewhat disagree	15.2	(± 5.6)
Strongly disagree	7.2	(± 4.7)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 196
Strongly agree	46.2%	(± 9.2%)
Somewhat agree	21.0	(± 6.4)
Somewhat disagree	16.8	(± 6.3)
Strongly disagree	16.1	(± 10.9)

School officials should make sure that all children receive anti-tobacco education.		n = 200
Strongly agree	75.4%	(± 10.6%)
Somewhat agree	16.2	(± 10.6)
Somewhat disagree	5.8	(± 4.7)
Strongly disagree	2.6	(± 2.2)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 198
Strongly agree	78.4%	(± 10.7%)
Somewhat agree	11.3	(± 5.4)
Somewhat disagree	2.9	(± 2.3)
Strongly disagree	7.4	(± 10.8)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 190
Yes	47.2%	(± 9.4%)
No	52.8	(± 9.4)

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 103

Yes	18.4%	(± 8.4%)
No	81.6	(± 8.4)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 104

Yes	29.6%	(± 9.5%)
No	39.5	(± 10.8)
Don't know/Not sure	30.9	(± 10.2)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 34

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

There are more negative things than positive things about smoking.

n = 198

Strongly agree	88.4%	(± 10.6%)
Somewhat agree	8.5	(± 10.6)
Somewhat disagree	1.0	(± 1.2)
Strongly disagree	2.1	(± 2.2)

Smoking sometimes makes a person more attractive.

n = 203

Strongly agree	1.2%	(± 1.7%)
Somewhat agree	1.1	(± 1.3)
Somewhat disagree	8.3	(± 4.3)
Strongly disagree	89.3	(± 4.8)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 200

Strongly agree	3.6%	(± 3.0%)
Somewhat agree	3.2	(± 2.7)
Somewhat disagree	5.9	(± 3.6)
Strongly disagree	87.3	(± 5.3)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 197

Yes	7.4%	(± 3.9%)
No	92.6	(± 3.9)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 203	
Yes	2.5%	(± 1.9%)
No	97.5	(± 1.9)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 200	
Yes	9.4%	(± 5.3%)
No	90.6	(± 5.3)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 204	
Yes	5.8%	(± 4.7%)
No	94.2	(± 4.7)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 197	
Strongly agree	16.0%	(± 6.0%)
Somewhat agree	28.4	(± 10.3)
Somewhat disagree	15.2	(± 6.3)
Strongly disagree	40.3	(± 8.7)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 25	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 23	
Yes	*	*
No	*	*